

Who is Act for Kids?

Act for Kids is a for-purpose organisation that delivers evidence-based professional therapy and support services for infants through to adolescents who have experienced or are at risk of experiencing child trauma.

Since 1988 we have supported thousands of children and their families to access a variety of therapies to re-build their lives following stress and adversity and develop positive family relationships.



We work with children and families to:

- ♥ ensure their safety.
- ♥ understand their difficulties.
- ♥ identify and explore strengths and resources.
- ♥ support all aspects of development – emotional, social, sensory, communication, cognitive and motor areas.
- ♥ find new ways of coping in times of stress.

How to reach Act for Kids Integrated Therapy Service

If you have any questions or would like to refer a child for counselling and support, please call us directly to discuss a referral.

MELBOURNE SERVICE CONTACT

61 Riggall Street
Broadmeadows VIC 3047

Phone: 03 8383 9380

Email: melbourne@actforkids.com.au

Integrated Therapy Service

Our Integrated Therapy Service (ITS) supports infants, children, young people and their families who have experienced trauma, or who are at risk of harm.



Learn more at actforkids.com.au



ITS/DL
25/01



What is the Act for Kids Integrated Therapy Service?

Integrated means we offer a variety of therapies to children and families so they can reach their full potential.

We work together to understand the whole family. This means our assessment and therapy plans are holistic and collaborative.

We are able to support all aspects of development – social, emotional, sensory, cognitive, communication, and motor skills.

We help parents and education staff to understand the root cause of the child's behaviour.



Our ITS teams include:

Speech &
Language
Pathologist

Occupational
Therapist

Psychologist

Some of our Integrated Therapy Service centres also provide Family Therapy.

What makes us different?

- ♥ We make an effort to understand how the child's experiences have impacted their development.
- ♥ We recognise that all behaviour serves a function.
- ♥ We recognise that different therapies are helpful at different times in the child's life. Therapy must be relational, and in the right sequence.
- ♥ We want to understand and support the parents' or carers' own emotional well-being, resilience, strengths and resources.

Working with Act for Kids

Services referring to Act for Kids can expect:

- ♥ professional, trauma-informed, individualised assessment and therapy by our integrated team which considers the whole family; not just the child referred.
- ♥ collaborative goal-setting with children, parents and carers.
- ♥ regular communication with referrers about progress and ongoing areas requiring support.



Services available through ITS

Our Integrated Therapy Service receives some funding through philanthropic and private donations – eg. resources and interpreting services.

Our ITS teams offer a number of different services for children and their families who have access to funding. These include:

- ♥ Integrated Trauma Screening Assessment.
- ♥ Comprehensive Assessments.
- ♥ integrated therapy involving each of our disciplines.
- ♥ group therapy.
- ♥ outreach support – home and school visits.
- ♥ complimentary/specialist therapies such as Theraplay, Video Interaction Guidance, Trauma Centre, Trauma-Informed Yoga and the Safe and Sound Protocol.
- ♥ consultations and training.

Please contact our Centre so our team can provide a tailored quote for assessment and therapy on a case-by-case basis.

“By processing and integrating child's trauma experiences, Act for Kids work to build the child's resilience, providing stability and resilience in their future endeavors.”