

Staying safe online

Quick tips for children and young people

Online safety means being smart and careful when you use the internet—like when you're playing games, watching videos, or chatting with friends.

Keep Personal Info Private

Keeping your information private helps you stay safe.

- ♥ Use a nickname or username instead of your real name.
- ♥ Never share your:
 - real name
 - address
 - school
 - phone number
 - passwords



Be Kind Online

Being kind online helps everyone feel safe and be safe.

- ♥ Treat other people with kindness.
- ♥ If someone is mean to you, tell a trusted adult.



Stranger Danger

Not everyone online is honest or safe.

- ♥ Only chat or play games with people you know in real life.
- ♥ Never meet anyone from online without a parent or adult with you.



Check Before You Share

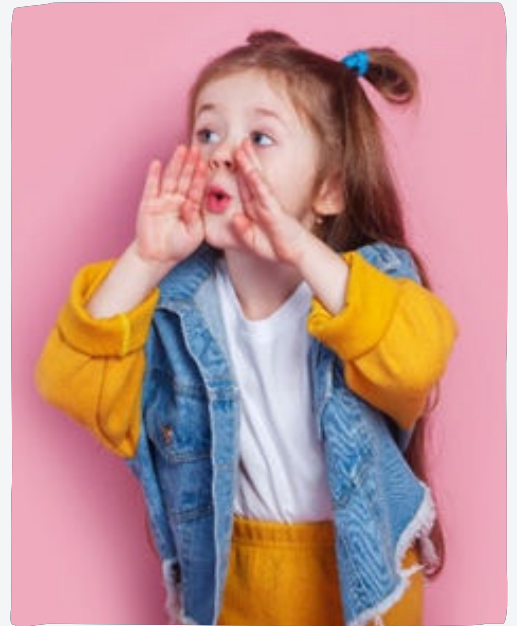
What you post online can last a long time, so be careful with what you share.

- ♥ Before posting videos or photos ask yourself: *How would I feel if everyone saw this?*
- ♥ Ask for friends' consent before posting information or images about them online.

Tell an Adult If Something Feels Weird

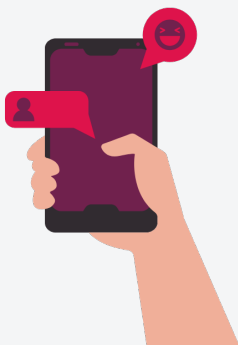
Trust your gut – if someone or something feels off, talk to a safe adult.

- ♥ If you see something that makes you upset or confused, don't keep it a secret.
- ♥ Talk to a parent, teacher, or another trusted adult.



Quick Tips for Gaming Safety

1. Use safe usernames.
2. Don't use voice chat with strangers.
3. Report and block anyone who breaks the rules or is mean.



Quick Tips for Social Media

1. Make your account private.
2. Only accept friend requests from people you know.
3. Don't share your location.

When time online doesn't feel fun or safe you can switch off.