

Sarah's Story

Six months with Act for Kids Individual Support Service

Fourteen-year-old Sarah* grew up being subjected to complex trauma and many harmful childhood experiences.

She was known to a number of statutory bodies and had been admitted to hospital after previous suicide attempts.

Sarah was disengaged from school and lived in out-of-home care at a residential facility after several reunification and placement breakdowns.

When a biological parent was found in Queensland, this young person moved interstate to live with them. Sarah and her parents received six months of intense therapy through Act for Kids' Individual Support Service.

Since then, Sarah has remained safely in the care of her nurturing parents and her attendance and engagement at school has significantly improved.

No further child protection intervention was needed and Sarah's parents felt they could confidently manage her challenging behaviours.

Their daughter has opened up about her past trauma and has started the healing process.

*Name changed to protect the individual's privacy. Image for illustrative purposes only.

For more information, please contact
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