

# Individual Support Services

## Case Study L - 9 month In-Home Support Package

Following a stable childhood up to the age of 5, "L"'s Mum experienced loss, resulting in heavy methamphetamine use, domestic, family and community violence and the family moving into an unsafe housing situation.

Multiple referrals were made by ChS to FACC, IFS without effect. This is when we met L and their family.

### What we did:

- Regular morning support to get L to school
- Speech, language and literacy assessments
- Art therapy focusing on safe and creative outlets for grief, loss and frustration.
- Workshop with L's school for support strategies
- Supported L's regular attendance at CYHMS
- Therapeutically supported L and their aunt for the aunt to take care of L under a voluntary arrangement
- Supported Mum with a parenting program
- Mapped the family's natural supports
- Advocacy with Dept Housing.
- Coached Mum before and after weekly contact

### The Outcomes:

- L resided in a safe and stable home, with regular healthy contact with Mum.
- L able to pick up a book, focus and read independently.
- L playing with peers in socially appropriate manner
  - Speaking in sentences, minimal swearing
- No suspensions from school
- Has healthy sibling like relationship with cousins
- Mum gained safe and stable housing appropriate for raising a child (should reunification occur)
- Positive communication and relationship developing with L and Mum
- Mum was able to apologise and hold responsibility for harm L experienced.

Cost for ISS intervention over 9 months: **\$240K**

Anticipated costs if ISS had not intervened: **\$700K**



Act for kids